# A Framework for Personalization of Coronary Flow Computations During Rest and Hyperemia

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Abstract—We introduce a Computational Fluid Dynamics (CFD) based method for performing patient-specific coronary hemodynamic computations under two conditions: at rest and during drug-induced hyperemia. The proposed method is based on a novel estimation procedure for determining the boundary conditions from non-invasively acquired patient data at rest. A multi-variable feedback control framework ensures that the computed mean arterial pressure and the flow distribution matches the estimated values for an individual patient during the rest state. The boundary conditions at hyperemia are derived from the respective rest-state values via a transfer function that models the vasodilation phenomenon. Simulations are performed on a coronary tree where a 65% diameter stenosis is introduced in the left anterior descending (LAD) artery, with the boundary conditions estimated using the proposed method. The results demonstrate that the estimation of the hyperemic resistances is crucial in order to obtain accurate values for pressure and flow rates. Results from an exhaustive sensitivity analysis have been presented for analyzing the variability of trans-stenotic pressure drop and Fractional Flow Reserve (FFR) values with respect to various measurements and assumptions.

#### I. INTRODUCTION

In recent years, several methods based on Computational Fluid Dynamics (CFD) have been proposed for noninvasive estimation of coronary circulation [1], [2], [3], with promising results. The main challenges for such methods are the lack of patient-specific data including anatomy and boundary conditions, inefficient multi-scale coupling and the large-scale computational resources required for the complex calculations (often requiring several hours of computations on large clusters). These challenges limit the scope of such methods in a routine clinical setting.

For an accurate computation of a patient's coronary bloodflow, two key requirements for CFD-based methods are - (a) anatomical model of the coronary vessel tree and (b) the boundary conditions at the inlet and outlets. Recent advances in medical image processing have addressed the former by employing manual, semi-automatic or fully-automatic

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\*This work is partially supported by the Sectorial Operational Programme Human Resources Development (SOP HRD), financed from the European Social Fund and by the Romanian Government under the contract number POSDRU/88/1.5/S/76945. algorithms for multi-modality image segmentation and mesh generation, but there has been considerably less focus on the latter. Most of the work on coupling patient-specific boundary conditions has relied on population-wide average values (thereby rendering it incapable of estimating hemodynamic quantities for an individual patient), or on invasively determined pressure or flow-rate values [1], [3].

In this paper, we propose- i.) a method to estimate patientspecific boundary conditions for coronary flow computations during rest and hyperemia, and ii.) a feedback control based framework to perform personalized CFD computations that match the patient's hemodynamic measurements. The proposed method is based on clinical data acquired noninvasively when the patient is in rest state - Coronary CT scan, systolic and diastolic blood pressures and heart rate.



Fig. 1. Flowchart of the proposed method

In the first step, an anatomical model of the coronary vessels is extracted from Coronary CT scans as described in [4]. This is followed by an iterative estimation-computation procedure. First, the rest state boundary conditions are estimated from the patient's physiological and anatomical measurements (II-A). Next, a series of CFD computations (with parameters prescribed by a feedback control system) are performed to compute flow and pressure in the coronary vessels till the computed quantities match the rest state measurements (II-C). At this point, simulated hyperemia is introduced by appropriately altering the outlet boundary conditions (II-B), and CFD computation corresponding to the hyperemic state is performed (see Figure 1). The methods were tested with a reduced-order model from [4].

### II. METHOD

## A. Estimation of Boundary Conditions at Rest State

Since the coronary vessel tree is part of the larger circulation system, the inlet and outlet boundary conditions should be chosen such that they account for the the proximal and distal phenomenon of the patient's circulation. For the coronary outlets, several models have been proposed [5], [6] which take into account the effect of the cardiac contraction on the flow. These lumped models are usually composed of a set of resistances and compliances, to model the micro-vascular beds. The compliance influences the transient flow waveform, while the mean value is affected only by the resistance. Since diagnostic indexes, namely the Coronary/Fractional flow reserves are based on average quantities over the cardiac cycle, the boundary condition estimation is limited to correctly determining the resistance values at each outlet, defined as the ratio of the pressure to the flow through that outlet. Mean arterial pressure (MAP) is constant in healthy epicardial arteries and can be estimated by systolic, diastolic cuff blood pressures (SBP and DBP), and the heart rate (HR) [7]:

$$MAP = DBP + \left[\frac{1}{3} + (HR \times 0.0012)\right](SBP - DBP)$$

Coronary flow depends on the oxygen demand of the heart and since oxygen extraction in the coronary capillaries is close to maximum levels even at rest-state, the increased metabolic need can be satisfied only through an increased flow. Several methods for estimating oxygen consumption from mechanical variables have been proposed in the past, with HR as a primary determinant of oxygen consumption, and pressure being the secondary. The most widely used index for estimating the myocardial oxygen consumption is the rate-pressure product [8], according to which,

$$q_{rest} = 8 \times \left\{ [7 \times 10^{-4} (HR \cdot SBP)] - 0.4] \right\} ml/min/100g$$
(1)

To determine the absolute value of resting flow  $(Q_{rest})$ , resting perfusion is multiplied with total myocardial mass. In normal hearts, the left ventricle typically represents twothirds of the total mass, i.e.  $Q_{rest} = q_{rest} \times 1.5 \times M_{LV}$ . Hence total coronary resistance can be computed as  $R_{cor} = MAP/Q_{rest}$ . The value  $M_{LV}$  is estimated from CT images by myocardial segmentation, as described in [9].

The next step is to distribute the total resistance to the various lumped models at the outlets. To do this, we use Murray's law [10], which states that the energy required for blood flow and the energy needed to maintain the vasculature is assumed minimal and hence,  $Q_i \sim k \cdot r_i^3$ , where k is a constant and r is the radius of the vessel. A value of 3 for the power coefficient has been suggested through the observed invariability of wall shear stress (rate) when flow rate varies substantially [11]. Next, the absolute resting flow, which is the sum of all outlet flows, is written as  $Q_{rest} = \sum_{i=1}^{n} k \cdot r_i^3 = \sum_{i=1}^{n} Q_i$ , and the flow through a particular outlet is be determined by

$$\frac{Q_i}{Q_{rest}} = \frac{k \cdot r_i^3}{\sum_{j=1}^n k \cdot r_j^3} \Rightarrow Q_i = Q_{rest} \cdot \frac{r_i^3}{\sum_{j=1}^n r_j^3} \quad (2)$$

Therefore, the terminal resistances can be determined by,

$$R_i = \frac{MAP}{Q_i} = MAP \cdot \frac{\sum_{j=1}^n r_j^3}{Q_{rest} \cdot r_i^3}$$
(3)

#### B. Estimation of Boundary Conditions at Hyperemia

Intracoronary and intravenously drug-induced hyperemia lead to similar decreases in micro-vascular resistances [12]. Intravenous administration of adenosine leads to a slight increase in HR and decrease in BP [13]. For a simulation, the effect of intracoronary vasodilators can be extended infinitely and it minimally influences the HR and BP [13]. Adenosine leads to an increase in coronary flow velocity of around 4.5 for normal, healthy subjects (with no coronary artery disease) [12]. Since blood pressure decreases slightly during hyperemia, a 4.5-fold increase in flow does not mean a 4.5-fold decrease in coronary resistance. A total coronary resistance index can be computed (TCRI), which is equal to:

$$TCRI = \left(\frac{MAP_{hyper}}{Q_{hyper}} / \frac{MAP_{rest}}{Q_{rest}}\right) = \frac{(R_{cor})_{hyper}}{(R_{cor})_{rest}} \quad (4)$$

A mean value of TCRI = 0.22 has been obtained during various studies. It increases from 0.22, for HR less than 75bpm, to 0.26, for a HR of 100bpm, and to 0.28 for a HR of 120bpm [14]. Therefore, the following relationship can be derived to obtain a HR corrected TCRI:

$$TCRI_{corr} = \begin{cases} 0.0016 \cdot HR + 0.1 & \text{for} \quad HR \le 100 \text{ bpm}; \\ 0.001 \cdot HR + 0.16 & \text{for} \quad HR > 100 \text{ bpm}. \end{cases}$$
(5)

Hyperemic micro-vascular resistances are computed by  $(R_i)_{hyper} = (R_i)_{rest} \cdot TCRI$ , where  $(R_i)_{rest}$  is from (3).

## C. Feedback Control System

In order to accurately evaluate coronary diagnostic indexes, the goal of a CFD analysis is to obtain the same average pressure and flow rates as those obtained if the patient were in the rest/drug-induced hyperemia. Once the rest-state outlet resistances have been determined (Section II-A), the next step is to perform the CFD computation at the rest-state, and ensure that the results match the patient data acquired non-invasively.



Fig. 2. Multivariable feedback control system used during the rest-state flow computation

To ensure this, we use a feedback control system (Figure 2), which estimates the optimal values for the control signal (i.e. the free parameters of the model). We chose two free parameters (a) the systemic resistance at the aorta outlet ( $R_{syst}$ ) and (b) the total cardiac output (which is modulated by the difference between initial LV volume and dead volume, [ $V_{0-LV} - V_D$ ]). The estimation is performed under the constraint that the results of the CFD analysis match the reference values (measured patient data). Note

that the coronary outlet resistances are not changed during this process. The two reference values are: and the total coronary flow as a percent of the cardiac output ( $(%Q_{cor}^*)$ ) and the mean pressure ( $MAP^*$ ). Since the resting coronary flow is approximately 4-5% of the total cardiac output [13] a reference value of 4.5% is used.

We use a Proportional-Integral-Derivative (PID) controller, where the control signal u(t) is given by,

$$u(t) = K_p \epsilon(t) + K_I \int_0^t \epsilon(\tau) d\tau + K_D \frac{d}{dt} \epsilon(t), \qquad (6)$$

where  $K_p$ ,  $K_I$  and  $K_D$  are the gains, and  $\epsilon$  is the error between the measured and the reference value. We designed a PI controller for the systemic resistance control ( $K_P =$ 40.1,  $K_I = 2.6$ ), and a PID controller for the cardiac output control ( $K_P = 0.876$ ,  $K_I = 0.20372$ ,  $K_D = 0.9417$ ). Note that the goal of the proposed method is to reach a steadystate and accurately match the patient-specific steady-state, and not necessarily model the transient aspects.

Once the CFD-controller loop has converged, optimal values of  $R_{syst}$  and  $[V_{0-LV} - V_D]$  are available. The next step is to perform the CFD analysis at hyperemia. To do this, the control loop is switched off, the rest outlet resistances are substituted by the hyperemic resistances  $((R_i)_{hyper})$ , together with the optimal values of  $R_{syst}$ , and  $[V_{0-LV} - V_D]$ . The CFD analysis during hyperemia is run until convergence is achieved.

#### **III. RESULTS**

The method described in Section II was tested using a reduced-order patient-specific model. The anatomical model of the coronary vessels was obtained from Coronary CT scans by image segmentation, centerline and lumen extraction, as described in [4]. For the CFD analysis, proximal vessels were modeled as axi-symmetric 1D segments, while the micro-vascular beds were represented by lumped models [6] (Figure 3). An artificial 65% diameter stenosis with a length of 1.0 cm was introduced in the LAD. For the CFD analysis, the stenosis was modeled as described in [15]. The coronary tree is coupled to the aorta and a heart model (varying elastance model [4]) is used to provide the inlet boundary condition. If only the coronaries were modeled, then either time-varying flow or pressure would be needed at inflow, none of which is available non-invasively.

In Section II, the total outflow resistances have been determined, but each lumped models has four different resistances. The first resistance is equal to the characteristic resistance in order to minimize the reflections, while the third and fourth resistances represent the micro-vascular venous and venous resistances which are considered constant. Thus the micro-vascular arterial resistance is determined as difference between the total and the three other resistances. Note that the average pressure and flow depend on the total resistance and not on its distribution to the individual resistances.

Figure 4 displays the evolution of the controlled variables  $(MAP \text{ and } \%Q_{cor})$  and inputs  $(R_{syst} \text{ and } [V_{0-LV} - V_D])$  during a computation performed with the base values: HR =



Fig. 3. Reduced-order model of the coronary circulation

60 bpm, SBP = 140 mmHg, DBP = 100 mmHg, LVM = 250 gm, n = 3. Each plot is divided into 3 phases:

- ① initialization phase,
- ② rest-state computation phase (with control system based estimation), and
- ③ hyperemic state computation phase.

During phase ②, the values converge to the reference values estimated for the rest-state of the patient (see Figure 4). In phase ③, the inputs remain constant (feedback loops are not active), the aortic pressure decreases while the percentage coronary flow increases (as is observed in hyperemia).



Fig. 4. Evolution of (a) Aortic pressure, (b) % coronary flow, (c) Initial LV volume, (d) Systemic resistance

Sensitivity analysis was performed for the four input parameters of the CFD analysis: HR, SPB and DBP (taken together, since MAP is the actual input), LVM and n. Each input parameter was varied by  $\pm 10\%$ ,  $\pm 20\%$  and  $\pm 30\%$ (except n, where only  $\pm 10\%$  and  $\pm 20\%$  variations were done). SBP and DBP were varied simultaneously by the same percentage.



Fig. 5. Patient-specific coronary geometry

Figure 6 shows the results of the sensitivity analysis for the trans-stenotic pressure drop ( $\Delta P$ ) and  $FFR = P_d/P_a$ . The highest sensitivity for  $\Delta P$  is with respect to the cuffpressures, followed by LVM. For FFR, the highest sensitivity is with respect to the LVM, followed by HR. In both cases, the power coefficient has minimal influence.



Fig. 6. (a) Sensitivity analysis of the trans-stenotic pressure drop, (b) Sensitivity analysis of the ratio Pd/Pa, where X refers to HR, SBP-DBP, LVM and n

To further demonstrate the need for accurate outlet boundary condition estimation, a sensitivity analysis with respect to the hyperemic resistances was performed, where  $(R_i)_{hyper}$ was perturbed by  $\pm 10\%$ ,  $\pm 20\%$  and  $\pm 30\%$ . The results for  $\Delta P$  and FFR are shown in Table I. The results show that it is crucial to accurately determine the rest and hyperemic micro-vascular resistance of each outlet. For the given case, FFR value varies between 0.628 and 0.784,

TABLE I EFFECT OF CHANGE IN HYPEREMIC RESISTANCE ON  $\Delta P$  and  $P_d/P_a$ . Pressure : mmHg, resistance :  $g/(cm^4s)$ , flow : ml/s.

$R_{hyper}$	$P_a$	$P_d$	Q	$\Delta P$	$P_d/P_a$
7579 (-30%)	100.01	62.79	2.11	37.22	0.628
8661 (-20%)	101.64	67.55	1.99	34.09	0.664
9744 (-10%)	102.97	71.67	1.88	31.30	0.696
10827 (0%)	104.01	75.21	1.77	28.80	0.723
11919 (+10%)	105.03	78.40	1.68	29.8	0.746
12993 (+20%)	105.83	81.17	1.60	24.66	0.766
14076 (+30%)	106.54	83.62	1.52	22.92	0.784

## **IV. CONCLUSIONS**

We have introduced a method for estimating patientspecific coronary boundary conditions (at rest and hyperemia) together with a feedback control system to ensure that CFD-based analysis match the patient-specific coronary pressure and flow. The main advantage of this approach are that it relies only on non-invasive measurements acquired during the rest-state. It can also be used to assess coronary diagnostic indexes which are based solely on the hyperemic state (e.g. FFR) or based on both rest and hyperemic state (e.g. CFR).

The main limitations of the proposed method are - (a) patients with rest angina were excluded since (1) may not be valid (resting flow does not meet the oxygen demand), and (b) patients with micro-vascular disease and hypertension should be modeled separately, since (5) would not be valid.

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