# Optimal Safety of Conduction through the Purkinje-Ventricular Junction

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#### **Abstract**

Slow conduction through the Purkinje-ventricular junction (PVJ) is thought to result in conduction block and ultimately re-entry under certain pathological conditions. The relationships between tissue structure, conduction velocity and the safety of conduction at such junctions however, are unknown. We developed an electrophysiologically detailed 3D model of the PVJ and varied the Purkinje fibre thickness and intercellular coupling to determine these relationships. We found that both very fast and very slow AP conduction is unsafe, and there exists an optimal velocity providing the maximum safety of conduction through the PVJ. The conduction time delay across the junction is a natural consequence of the electrophysiological and morphological differences between the two tissue types. The delay allows the PVJ to accumulate and pass through sufficient charge to excite the adjacent ventricular tissue.

### 1. Introduction

Slow and discontinuous action potential (AP) conduction through non-uniform junctions in cardiac tissue is generally considered unsafe and pro-arrythmogenic [1,2]. APs conducted through the Purkinje fibre (PF) network into the ventricles determine the normal electrical activation and contraction sequence in the heart. However, conduction discontinuities due to electrophysiological and morphological differences between the thin PFs and the larger ventricles can lead to arrhythmogenic behaviour [3].

Experimentally observed time delays during discontinuous conduction from the PFs to the ventricles are considered indicative of a possible conduction block [4–6], however other studies suggest slow conduction may be indicative of higher safety [7]. The aim of this study was to use a detailed 3D model of the Purkinje-ventricular junction (PVJ) in order to determine relationships between the tissue structure, AP conduction velocity and the safety of conduction. A possibility of clinical estimates of safe propagation using ECG recordings is outlined.

### 2. Methods

The dynamics of the membrane potential in cardiac tissue can be described by the equation [8, 9]:

$$\frac{\partial V}{\partial t} = \nabla \cdot D\nabla V - \frac{I_{ion}}{C_m} \tag{1}$$

where V is the membrane potential, t is time,  $\nabla$  is the spatial gradient operator, D is the diffusion coefficient characterising the electrotonic cell-to-cell coupling by gap junctions,  $C_m$  is the cell membrane capacitance and  $I_{ion}$  is the total membrane ionic current. Biophysically detailed models of the voltage and time dependent current  $I_{ion}$  have been developed to describe APs of the canine PF [10] and all 3 ventricular cell types (endocardial, mid-myocardial and epicardial) [9, 11].

The 3D wedge model has been developed earlier to incorporate details of the transmural AP heterogeneity, tissue geometry and fibre orientation of the canine left ventricular free wall [9]. In our model, we introduced a single PF strand which entered the ventricular wedge from the endocardium. Intercellular diffusion coefficients in the PF and ventricular tissues were set to reproduce the experimentally observed AP conduction velocities of  $\sim$ 1.8 and 0.5 m/s respectively [12]. The free end of the PF strand was stimulated with a current pulse, resulting in AP propagation through the PVJ into the ventricular tissue. Equation (1) was solved numerically using the explicit Euler method, with space and time steps of  $\Delta x = 0.35$  mm and  $\Delta t = 0.01$  ms, respectively. Simulations at a higher spatial resolution were also performed on an isotropic 2D slice with geometry similar to the central slice of the 3D model.

Safety factor (SF) has been introduced as an index to quantify the robustness of conduction in cardiac tissues [13–15]. It is defined as the ratio of charge generated to charge consumed by a cell during its excitation:

$$SF = \frac{\int_{A} I_{c}dt + \int_{A} I_{out}dt}{\int_{A} I_{in}dt}; A \mid t \in [t_{1\%}, t_{V_{max}}]$$
 (2)

where,  $I_c$  is the capacitive current of the cell,  $I_{out}$  is the intercellular current that flows from the cell to its neighbours

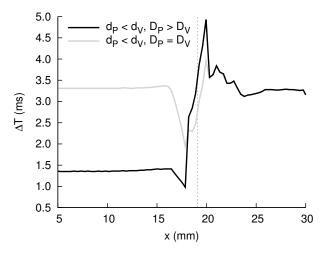


Figure 1. Conduction time delay,  $\Delta T$ , measured in the transmural direction, x. A large  $\Delta T$  was produced by discontinuous AP conduction through the PVJ. Two cases illustrated:  $D_P > D_V$  for an electrically and anatomically non-uniform junction, and  $D_P = D_V$  showing the contribution of anatomical non-uniformities alone. Dashed line denotes location of the PVJ.

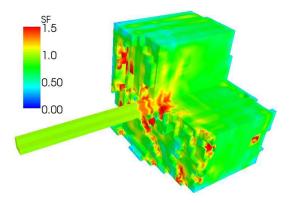


Figure 2. *SF* distribution resultant from successful AP propagation from the PF into the ventricular tissue, colour coded according to palette (left).

and  $I_{in}$  is the intercellular current that flows into the cell. The domain of integration, A, can be defined as the period of time from the moment when dV/dt at the AP wavefront reaches 1% of its maximum to the moment when V reaches its maximum,  $V_{max}$  [15]. SF > 1 indicates successful conduction, with the fraction above 1 indicating the margin of safety [14].

Thickness of the PF strand,  $d_P$ , and the diffusion coefficient of the PF,  $D_P$ , were varied in order to determine the optimal conditions (velocity and safety) of AP conduction through the PVJ. Thickness,  $d_V$ , and the diffusion coefficients ( $D_{\parallel}$  and  $D_{\perp}$  along and across fibres) of the ventricular tissue remained constant.

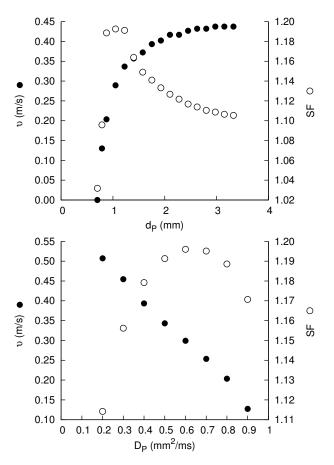


Figure 3. Relationships between non-uniformities of the PVJ, the AP conduction velocity, v and safety factor, SF in isotropic 2D slices. Top: dependences of v and SF on thickness of the PF,  $d_P$ . Bottom: dependences of v and SF on the diffusion coefficient of the PF,  $D_P$ . Both v and SF were measured at the PVJ, where v reached a local minimum.

### 3. Results

Parameters  $d_P < d_V$  and  $D_P > D_V$  were adjusted to experimentally measured values, and reproduced experimentally observed AP conduction velocities in the PF and ventricular tissue [12]. Under such physiological conditions, AP conduction from the PF through the anatomically and electrically non-uniform PVJ was discontinuous with an abrupt increase in the time delay measured over 2 mm, of  $\sim$ 5 ms (Figure 1), consistent with experimental recordings [16]. Such a conduction time delay at the PVJ was found when non-uniformities occur in either D, d or both. The conduction time delay through the PVJ resulted in a local increase in the safety factor around the junction (Figure 2), which can be due to an accumulation of charge at the PVJ before the excitation of the ventricular tissue.

As the time delay of the PVJ increased/decreased, the

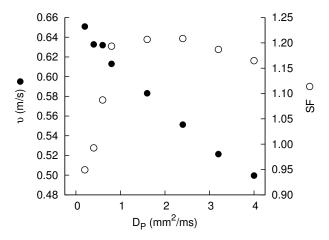


Figure 4. Relationships between the diffusion coefficient,  $D_P$ , AP conduction velocity, v, and safety factor, SF, in the anisotropic 3D model. Both v and SF were measured at the PVJ, where v reached a local minimum.

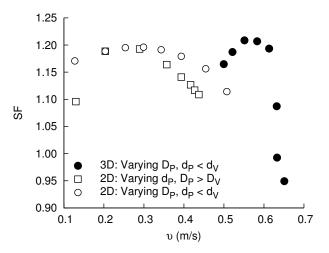


Figure 5. Relationships between the AP conduction velocity, v, and safety factor, SF, at the PVJ. Three cases illustrated: in the 3D model, v is varied by changing  $D_P$ , and in the 2D slice, v is varied by changing  $d_P$  or  $D_P$ . In all cases, the PVJ has both electrical and anatomical non-uniformities ( $d_P < d_V$ ,  $D_P > D_V$ ).

AP conduction velocity, v, decreased/increased respectively. Dependence of v on varied parameters  $d_P$  and  $D_P$  was always monotonic (Figure 3, 4). However, dependences of SF on  $d_P$  and  $D_P$  in 2D slices showed a maximum at  $\sim$ 1 mm and 0.6 mm²/ms, respectively (Figure 3). Resultant dependences of SF on v both had a maximum at  $\sim$ 0.3 m/s (Figure 5), which corresponds to an optimal velocity for the maximum safety of AP conduction through the PVJ. Similarly, in the 3D model, the dependence of SF on  $D_P$  had a maximum at  $\sim$ 1.5 mm²/ms (Figure 4), which is greater than that in 2D slices due to the increased

electrical load imposed by the ventricular tissue. The corresponding dependence of SF on v had a maximum at  $\sim$ 0.6 m/s (Figure 5).

### 4. Discussion and conclusions

The AP conduction time delay across the PVJ occurs as a natural consequence of the electrophysiological and morphological differences between the PF and ventricular tissue. Primarily, the much larger ventricle imposes a large electrical load on the PF, which in combination with the disparity in intercellular electrotonic coupling, leads to the long conduction time delay during AP propagation through the junction.

At the ionic level, long AP conduction time delays allowed a larger amount of charge provided by the membrane ionic currents to be accumulated by the cell capacity before passing it through the PVJ for successful excitation of the ventricular tissue. At the same time, the time delay enhanced the electrical source-to-load mismatch at the PVJ. However, at optimal velocities (Figure 5), this mismatch is not enhanced over time, such that safe conduction can occur.

We found an optimal PF thickness of  $\sim 1$  mm, which corresponds to an optimal velocity of  $\sim 0.3$  m/s. PF bundles extracted from canine hearts have been found to measure 0.5–2.0 mm in diameter [17–19]. We also found optimal diffusion coefficients of 0.6 mm<sup>2</sup>/ms and 1.5 mm<sup>2</sup>/ms in 2D and 3D respectively, which corresponds to PF conduction velocities of around 1.4–1.8 m/s. Experimentally, PF conduction velocity has found to be  $\sim 1.8$  m/s [12].

Our results demonstrate that both very fast or very slow conduction through the PVJ can be unsafe, and there exists an optimal velocity (and hence, PF thickness and diffusion coefficient) which provides the maximum level of safety within the physiological ranges of these parameters.

Although clinically the AP conduction velocity at the PVJ cannot be measured directly, the PR interval of the ECG may provide a means of estimating the approximate conduction safety through the PVJ. The PR interval is the length of time between atrial and ventricular depolarisation and can be attributed to conduction times through 3 main components: the atrioventricular node (AVN), the bundle of His and the PFs. Assuming there is no change in the conduction time through the AVN and bundle of His, the change in the PR interval from control (i.e. under physiological conditions),  $\Delta PR$ , can be used to determine relationships between  $\Delta PR$ , v and SF (Figure 6). A maximum in safety factor occurs within the range  $\Delta PR$  < 10 ms, which corresponds to velocities of 0.5–0.6 m/s. Bevond this range, SF started to decrease, and above  $\Delta PR \approx$ 30 ms conduction becomes unsafe, indicating a possibility of conduction block and arrhythmogenic behaviour.

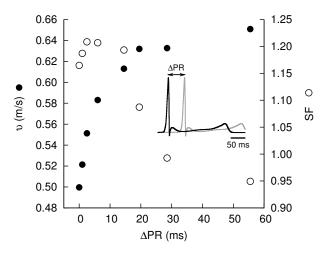


Figure 6. Relationships between changes of the PR interval in the pseudo-ECG (inset),  $\Delta PR$ , the AP conduction velocity, v, and safety factor, SF, in the anisotropic 3D model.  $\Delta PR$  is measured with respect to PR at physiological conditions (inset, black line).

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