Design of an instrument for the renal patient information

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Introduction

Health education is essential to facilitate the adaptation process of patients who initiate hemodyalisis treatment. Nurse provide individual counseling , at that same that use printed health educational materials. However, printed materials are expensive and not content modifiable, hence in few time these educational resources become moss.

Objetive

On line presentation an educational triptych for the patients who initiate treatment with hemodyalisis.

To know the degree of acceptance this document

Keywords

Kidney Failure, Chronic
hemodyalisis
Patient Education
Medical Records Systems, Computerized
Nursing Records

Methods

AE became a provisional design by Delfhi technique consensus with 42 professionals and 10 people in treatment with Hemodyalisis.

It was validated with the National Association of Renals Patients. After using the document, 34 nurses and 52 patients were questioned to obtain facility, quality and utility data.

Results

The document is a triptych in Word, that includes images and text. Divided in different sections: Presentation, Contact, Hemodyalisis, Organization, Treatment, Signs of alarm, Medication, Quality of life, Diet and Vascular Access

All the fields can be modified, in order to adapt it to each patient. It is included in the Web page of the "Sociedad Española de Enfermería Nefrológica" http://www.seden.org.

The nurses considered the document: very useful (25), useful (5), little useful (4); ready to print it (7) the greater difficulty. The patients considered: very clear (40); clear (7) poorly clear (5). It provides confidence (46) have any influence (6)

Conclusion

An on line educative document, that the content can be modified; it facilitates the adaptation of the patients submissive hemodyalisis